

Health Programs

Anti-stress and Relaxation Program

3-day cleansing and restoration of the body through health procedures with mineral water, physiotherapy, combined with fresh air and sunshine.

You will feel strong and full of energy as a result of the therapy !

The program is especially suitable for:

- people of working age with intensive and stressful lifestyles
- people with professions with high responsibility and mental stress
- people with a sedentary lifestyle
- people that are overweight

You can choose between the two options of the program:

Anti-cellulite program

Day 1

- Fitness
 - Vibrosaun “Magic Egg”
- Pearl bath – detox
- Honey therapy

Day 2

- Fitness
- Sauna
 - Electrolipolysis and pressor
- Anti-cellulite massage

Day 3

- Fitness
- Steam bath
- Jacuzzi
 - Therapy with Pomorie mud / peeling, mask,
massage

Package price: 319 BGN

**The price is per person staying in a double room for three nights,
three breakfasts and 13 spa treatments.**

Total price for 2: 638 BGN

Package price: BGN 409

**The price is per person staying in a single room and includes three
nights, three breakfasts and 13 spa treatments.**

Ayurveda

Day 1

- Fitness
- Vibrosaun "Magic Egg"
- Pearl bath with aroma salts
- Honey therapy

Day 2

- Fitness
- Sauna

- Pearl bath with lye and seaweed
- Chocolate therapy

Day 3

- Fitness
- Steam bath
- Jacuzzi
- Massage with warm volcanic stones

Package price: 315 BGN

The price is per person staying in a double room for three nights, three breakfasts and 12 spa treatments.

Total price for 2: 630 BGN



Package price: 405 BGN

The price is per person staying in a single room and includes three nights, three breakfasts and 12 spa treatments.

ANTI-CELLULITE

DAY 1

- Fitness
- Vibrosaun
- Pearl bath
- Honey / peeling, mask, massage

Duration: 3 hours

Price: 93 BGN

DAY 2

- Fitness
- Sauna
- Electrolysis (electrostimulation of low frequency on muscles + ultrasound with anti-cellulite gel)
- Pressor
- Anti-cellulite massage

Duration: 3 hours

Price: 97 BGN

DAY 3

- Fitness
- Steam bath

- Jacuzzi
- Therapy with Pomorie mud / peeling, mask, massage

Duration: 3 hours

Price: 77 BGN

AYURVEDA

DAY 1

- Fitness
- Vibrosaun
- Pearl bath with aromatic salts
- Honey / peeling, mask, massage

Duration: 3 hours

Price: 92 BGN

DAY 2

- Fitness
- Sauna
- Pearl bath with lye and seaweed
- Therapy with chocolate / peeling, mask, massage

Duration: 3 hours

Price: 87 BGN

DAY 3

- Fitness
- Steam bath
- Jacuzzi
- Massage with warm volcanic stones

Duration: 3 hours

Price: 89 BGN

LOSING WEIGHT

DAY 1

Testing with "Tannita" analyzer of body fat, muscle mass, water content in the body, bone mass, metabolism and metabolic age

- Fitness
- Steam bath
- Jacuzzi
- Pressor

Duration: 2 hours and 40 minutes

Price: 57 BGN

DAY 2

- Fitness
- Sauna

- Pearl bath with herbs

- Aromatherapy

Duration: 3 hours

Price: 87 BGN

DAY 3

- Fitness

- Sauna

- Jacuzzi

- Therapy with Pomorie mud

Duration: 3 hours

Price: 77 BGN

TONING PROGRAM

DAY 1

- Fitness

- Vibrosaun

- Shower "Vichy"

- Full Body Massage

Duration: 2 hours 45 minutes

Price: 87 BGN

DAY 2

- Fitness
- Steam bath
- Tangentor
- Aromatherapy with toning essential oils

Duration: 2 hours and 45 minutes

Price: 87 BGN

DAY 3

- Fitness
- Vibrosaun
- Pearl bath with toning herbs
- Chocolate therapy

Duration: 3 hours

Price: 92 BGN

DETOX PROGRAM

DAY 1

- Fitness
- Sauna
- Pearl bath
- Honey therapy

Duration: 3 hours

Price: 87 BGN

DAY 2

- Fitness
- Steam bath
- Jacuzzi
- Pomorie mud therapy

Duration: 3 hours

Price: 77 BGN

DAY 3

- Vibrosaun
- Pearl bath
- Pressor
- Aromatherapy

Duration: 2 hours and 35 minutes

Price 100 BGN

ANTI-STRESS PROGRAM

DAY 1

- Fitness

- Sauna
 - Pearl bath with lavender essential oils
 - Chocolate therapy
- Duration: 3 hours
- Price: 87 BGN

DAY 2

- Fitness
 - Steam bath
 - Jacuzzi
 - Pomorie mud therapy
- Duration: 3 hours
- Price: 77 BGN

DAY 3

- Fitness
 - Vibrosaun
 - Shower Vichy
 - Aromatherapy
- Duration: 2 hours 45 minutes
- Price: 87 BGN